

The Compass

Helping You Navigate Your Roadmap to Adulthood



October 2014

Planning for Adult Life activities, events, and materials are conducted and developed in partnership with The Arc of New Jersey with funding from the New Jersey Division of Developmental Disabilities.

Happy October! In addition to the official beginning of fall, students are now in the full swing of the school year. Here are some of the upcoming events and initiatives we are undertaking this month!

October is National Disability Employment Awareness Month

"Expect. Employ. Empower."

Planning for Adult Life is proud to support **National Disability Employment Awareness Month (NDEAM)**.

Held each October, NDEAM aims to educate about disability employment issues and celebrate the many and varied contributions of America's workers with disabilities. We plan to educate our community on disability employment issues and the role they play in fostering a disability-friendly work culture. Learn more at

www.dol.gov/odep/.



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What's Happening?: Upcoming PFAL Events

October 2014

- 8 - Middlesex Prep Club
- 9 - Somerset Prep Club & Union Prep Club
- 11 - Essex Prep Club & Hudson Prep Club
- 13 - Passaic Prep Club
- 14 - Cape May Prep Club & Mercer Prep Club
- 22 - Monmouth Prep Club
- 23 - Salem Prep Club & Hunterdon Prep Club
- 28 - Burlington Prep Club &

October is Bullying Prevention Month



Whether or not your child has encountered bullying, it is still an important topic to discuss with your students. Find out about some important tips and topics on bullying prevention at stopbullying.gov. You can also find out about bullying awareness events and tips at

[Pacer's National Bullying Prevention](#)

[Center here.](#)

Cumberland Prep Club

[For more information, including our times, locations, and details, please visit our calendar on our site by clicking here.](#)

Transition Planning 101: What Is An Individualized Education Plan (IEP)?

What is an IEP? For parents with students without a documented disability, this may be a new term, but is critical if you feel your child may require specific services to succeed in school. Under the IDEA 2004, students requiring special services is entitled to a meeting to determine an Individualized Education Plan. This plan describes current instructional needs and how they are performing. An IEP includes:

- The student's present levels of academic achievement and functional performance
- Statements of the student's educational needs
- Measurable annual goals, including academic and functional goals designed to enable the student to be involved in and make progress in the same curriculum as typical peers
- Short-term objectives that specify the steps necessary to achieve each goal
- Special education, related services, supplementary aids and services necessary for the student to meet goals and objectives
- The program modifications or supports that will be provided to the student to meet goals and objectives
- Least Restrictive Environment (LRE) statement that explains the extent to which the student will not participate in the regular class and activities
- Documentation of services to be provided, including when they will begin, how long they will last, how often they will occur, where they will occur
- Starting at age 14, the plan must address the



Webinar Wednesday

Join us for a **FREE** webinar on Wednesday, October 15th from 6pm-7pm EDT, "**Community Based Vocational Assessments and Why They Are Important to the IEP**". [Click here to view more and register!](#)

Student Planning Activity

Here's an idea for an expressive activity for students planning their future careers. Create a vision board. It can become as simple or as complex as desired. Use either a piece of poster board or cork board and tape or pin up photos, magazine pictures, brochures, motivational quotes, keepsakes, articles, etc.

[Check out some more ideas for this project on pinterest.](#)

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student's needs for transition from secondary services and services to meet those needs including courses of study

- When a student reaches the age of 18, there is additional documentation regarding various legal rights

helpdesk@planningforadulthood.org
732-246-2525 x23

Video: Jargon Busters: Don't Get Lost in Translation

[Did you miss our last webinar? Click here to view it!](#)

Planning For Adult Life serves students, 16-21 years-old, with developmental disabilities and their families.
PlanningForAdultLife.org