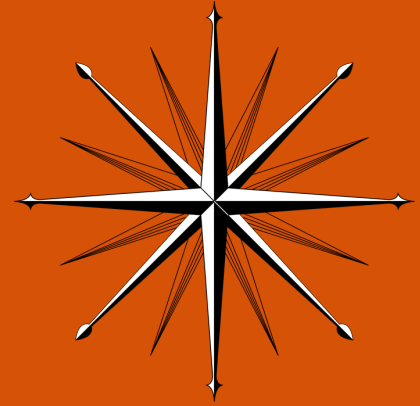


The Compass

Helping You Navigate Your Roadmap to Adulthood



Planning for Adult Life activities, events, and materials are conducted and developed in partnership with The Arc of New Jersey with funding from the New Jersey Division of Developmental Disabilities.

Welcome to the Planning for Adult Life monthly newsletter, **The Compass!** This newsletter will highlight upcoming monthly events, updates on supports and services, and opportunities to gather information available through our program.

Transition Planning 101: Least Restrictive Environment

According to Individuals with Disabilities Education Act (IDEA), children with a disabilities are educated with or alongside children who do not have disabilities. This is commonly called mainstreaming or inclusion. Special classes, separate schooling, or other removal of children with disabilities from the regular educational environment can only occur when the nature and severity of the disability is such that education in a regular class with the use of supplementary aids and services cannot be achieved satisfactorily. For a video that explains more on LRE, [Click Here.](#)

LRE

New Jersey Partners in Policymaking Now Accepting Applications

Deadline: September 9, 2016

In This Issue

[Transition Planning 101 Important Announcement](#)

[Things to Consider](#)

[Archived Video: Understanding and Becoming Eligible for SSI and Medicaid](#)

[Webinar Wednesday Series](#)

[Student Planning Activity](#)



Webinar Wednesday Series

Stay Tuned!

We will resume in September.

Student Planning Activity

The Boggs Center on Developmental Disabilities was awarded funding from the New Jersey Council on Developmental Disabilities to coordinate New Jersey Partners in Policymaking.



New Jersey Partners in Policymaking is an 8-month leadership development and advocacy education program for adults with developmental disabilities and family members. The goal of program is to prepare the next generation of disability advocates to work toward meaningful change in our state.

Participants selected for the program will learn about best practices and important areas for advocacy from nationally-known experts through a series of educational leadership development sessions held one weekend per month, beginning in November of this year and ending next June.

The Boggs Center is now accepting [applications](#) from people with developmental disabilities and family members interested in participating. Visit the [New Jersey Partners in Policymaking](#) page on The Boggs Center's website to learn more about the program and how to apply.

Applications must be received by **September 9, 2016**, and applicants will be notified of acceptance by September 30.

Things To Consider: Parent Groups, Service Agencies, and School Professionals Schedule the HOW Series TODAY!

We are scheduling the HOW Series Workshops for the fall. These FREE workshops are designed to offer students with IDD and their family members an opportunity to learn by doing. Activities at the HOW Series Workshops will help student build a plan for when they leave school. We especially encourage students to attend and participate in the hands-on experience.



[Click Here To Schedule A Workshop](#)

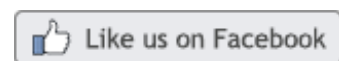


Learn About Non-Verbal Communication

In spite of how well you answer the questions in an interview, appearance and nonverbal communication are vital and can determine if you get the job. Here are some things to get you ready:

- **Check your handshake-** Do you shake hands with a firm grip?
- **Check your posture-** Do you keep your shoulders back when sitting or standing?
- **Check your eye contact-** Do you look at others when you talk to them?
- **Check your grooming-** Is your hair clean? Are you clean?
- **Check your clothing-** Are your clothes clean and pressed?

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Contact Us

Jerisa Maseko, Director

Archived Webinars



**Missed a Webinar? Check Out
Our Archived Videos:
Understanding and Becoming
Eligible for SSI and Medicaid**

[Click here to view the video!](#)

Planning For Adult Life serves students, 16-21 years-old, with developmental disabilities and their families.
PlanningForAdultLife.org