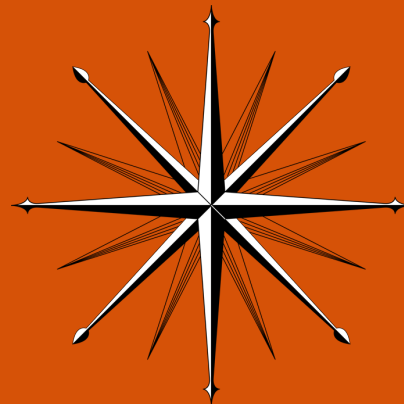


The Compass

Helping You Navigate Your Roadmap to Adulthood



Planning for Adult Life activities, events, and materials are conducted and developed in partnership with The Arc of New Jersey with funding from the New Jersey Division of Developmental Disabilities.

Welcome to the Planning for Adult Life monthly newsletter, **The Compass!** This newsletter will highlight upcoming monthly events, updates on supports and services, and opportunities to gather information available through our program.

Transition Planning 101: Teaching Real-Life Finances

It's never too soon to teach your kid real-life finance lessons. Give your child a financial head start in life by cashing in on these tips:

- **Job Hunting**- Ask your student where does money come from. They might not fully understand that your family affords things by working. To help them learn about earning, talk about jobs and how people are paid to do them.
- **Super Shopper**- Practice by having your child can come up with a list of things they want to buy, work with the amount of money your student has, find items on sale, and count out (with your help) the correct amount for their purchases. To practice those math skills, give them a chance to be the cashier. As they gets savvier about spending, give her some money and a short list of items that she'll be in charge of buying the next time you go shopping in the real world.
- **Allowance Bank**- Making cash available to your child is a must. "If she never has access to money, she'll never learn to handle it," says Lori Mackey, who founded a website, Prosperity 4 Kids, that teaches fiscal responsibility. Determine the amount of the allowance (experts suggest \$1 per year of age per week). "Discuss the reasons she might want to save some," suggests Mackey. "For instance, say, 'I know you've been wanting new gel pens. If you save up for three weeks, you'll have more than enough to buy the set you want.'"



Erica Sandberg, national personal finance expert and author of Expecting Money: The Essential Financial Plan for New and

In This Issue

[Transition Planning 101](#)
[Important Announcement](#)
[Things to Consider](#)
[Archived Video: Walking Through](#)
[The 2017 Graduate Timeline](#)
[Webinar Wednesday Series](#)
[Student Planning Activity](#)



Webinar Wednesday Series

December 14, 2016
6-7pm

Department of Children
and Families (DCF) or
Division of
Developmental
Disabilities (DDD) What's
the Difference?



NEW DATE ADDED!!! Parent Forums and Opportunity Expos 2017

Parent Forums include workshops (45-60 minutes) on specific topics including information on support coordination, the continuum of community services, financial planning, eligibility requirements, and where to find help. The **Opportunity Expo** features a variety of exhibitors including: state and county government entities, community service providers, service coordinators, local health care support and recreation providers, additional information and referral services. By attending a **FREE Expo**, families will be introduced to supports and services in their area. You don't want to miss it!

For a list of dates, Click [HERE](#)

Want to reserve a **FREE VENDOR** table for your agency or program at these events? Click [HERE](#)

Attention: Elementary Schools, Middle Schools, High Schools, Parents and Students Developmental Disability Awareness Contest

Each year, The Arc of New Jersey hosts a Developmental Disabilities Awareness Month outreach event at The Statehouse in Trenton. The theme of this year's event and design contest is "**Developmental Disabilities Awareness: It Matters to Me**". Students in grades 3 - 12 are invited to design a bulletin board, poster, and/or video that incorporates the theme of this year's campaign and illustrates the students' acceptance of all

To Register,
Click [HERE](#)

Student Planning Activity


Practice Random Acts of Kindness

Did you know that the whole world benefits when you show kindness?

We're kicking off the holiday season with a **FREE** downloadable Random Acts of Kindness calendar. It includes a creative idea to spread kindness for every day leading up to the holiday break. Download it now, share it with your friends, and get going!
Click [HERE](#)

[Join Our Mailing List](#)

Have you
'Liked'
us on Facebook
and 'Followed' us on
Twitter yet?

 Like us on Facebook

Follow us on [twitter](#)

people. First prize is \$100 gift card for the class.

For More
Information

Contact Us

Jerisa Maseko, Director
helpdesk@planningforadulthood.org
732-828-0972

Archived Webinars



Missed a Webinar? Check Out
Our Archived Videos:
**Walking through The 2017
Graduate Timeline**

[Click here to view the video!](#)

Planning For Adult Life serves students, 16-21 years-old, with developmental disabilities and their families.
PlanningForAdultLife.org