

The New Jersey Department of Human Services
Division of Developmental Disabilities

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**Person-Centered Planning Tool
as a Roadmap to Services**

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Transition

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16-21 Years Old

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- **Transition Planning**
 - Get to know current skills & preferences
 - Identify adulthood goals & dreams
 - Build skills needed to achieve goals
 - Make connections, identify supports, use resources
- **Research Support Coordination Agencies & Service Providers**
- Participate in Planning for Adult Life student groups, parent groups, training sessions, webinars, provider fairs, etc.

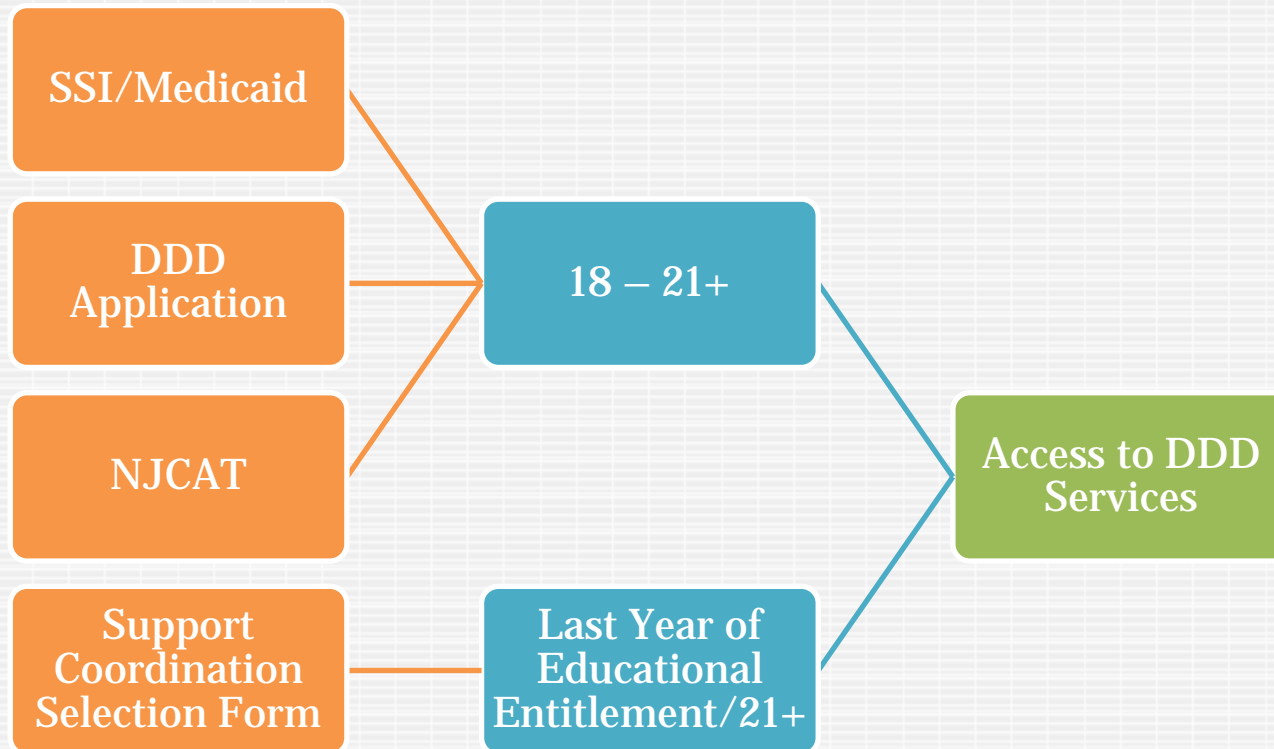


www.planningforadulthoodlife.org



Accessing DDD Services

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Support Coordination

Entering DDD Service System

What is Support Coordination?

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- **Services that assist participants in gaining access to needed program and State plan services, as well as needed medical, social, educational and other services**

- **Case Management**

Support Coordination

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- How Does Support Coordination Work?
 - The individual chooses or is assigned by DDD to a **Support Coordination Agency**
 - The Support Coordination Agency assigns a **Support Coordinator** to work with the individual
 - Together with the individual, the Support Coordinator identifies people to be part of the **Service Planning Team** (family members, providers, etc.)
 - Service Planning Team meets, service planning begins



Steps in the Service Planning Process

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Individual or
Family Primary Caregiver

Support Coordinator, with Individual

Individual!

Assessment

- NJ CAT - measures self-care, behavior, medical needs
- Establishes Tier, which corresponds to an Individualized Budget

Discovery

- Person-Centered Planning Tool (PCPT)
- Identify hopes, dreams, goals
- Gather support information to develop ISP

Planning

- Individualize d Service Plan (ISP)
- Identify outcomes
- Identify services
- Identify providers
- Budgeting for services

Living

- Home
- Job
- Health
- Recreation
- Friends and family

Person Centered Planning Process

What does the Person Center Planning Tool Cover?

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- Identifies strengths, likes/dislikes, and needs & how they fit into individual's vision for a life course
 - Like and Admire
 - Circle of Support
 - Important to the Individual
 - Hopes and Dreams
 - Support Needs, Characteristics of People Who Support the Individual Best
 - Communication
 - Pathway to Employment
 - Voting
 - Mental Health Pre-screening

What does the Person Center Planning tool Cover ?

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Important To

Gathers information related to things that create life experiences that are meaningful to the person:

- Relationships
- Choices, decisions, rights, respect
- Activities and places to go
- Routines and pace of life
- Recognition of the strengths
- Community Integration

Important For

Addresses the supports that are necessary for the person based on:

- Health
- Safety

Person Center Planning Tool

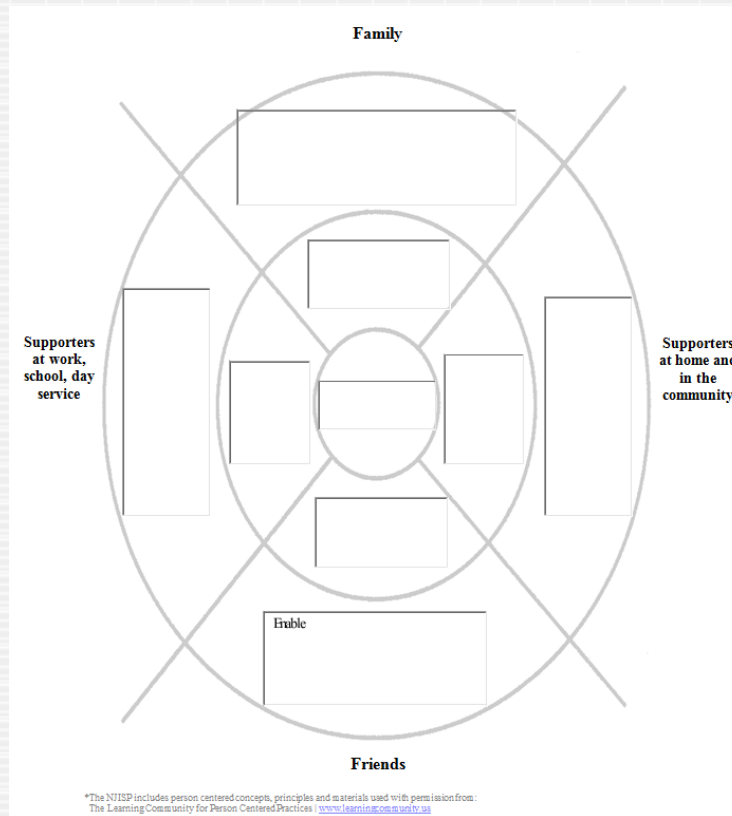
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What do you and others like or admire about you?

Person Center Planning Tool

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Circle of Supporters



*The NJISP includes person centered concepts, principles and materials used with permission from:
The Learning Community for Person Centered Practices | www.learningcommunity.nj.gov

Person Center Planning Tool

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What is important to you?

Person Center Planning Tool

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What are your long-term hopes and dreams?

Person Center Planning Tool

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What do others need to do to support you?

Person Center Planning Tool

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What are the characteristics of the people who support you best?

Person Center Planning Tool

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**What do caregivers/providers need to know
about how you communicate?**

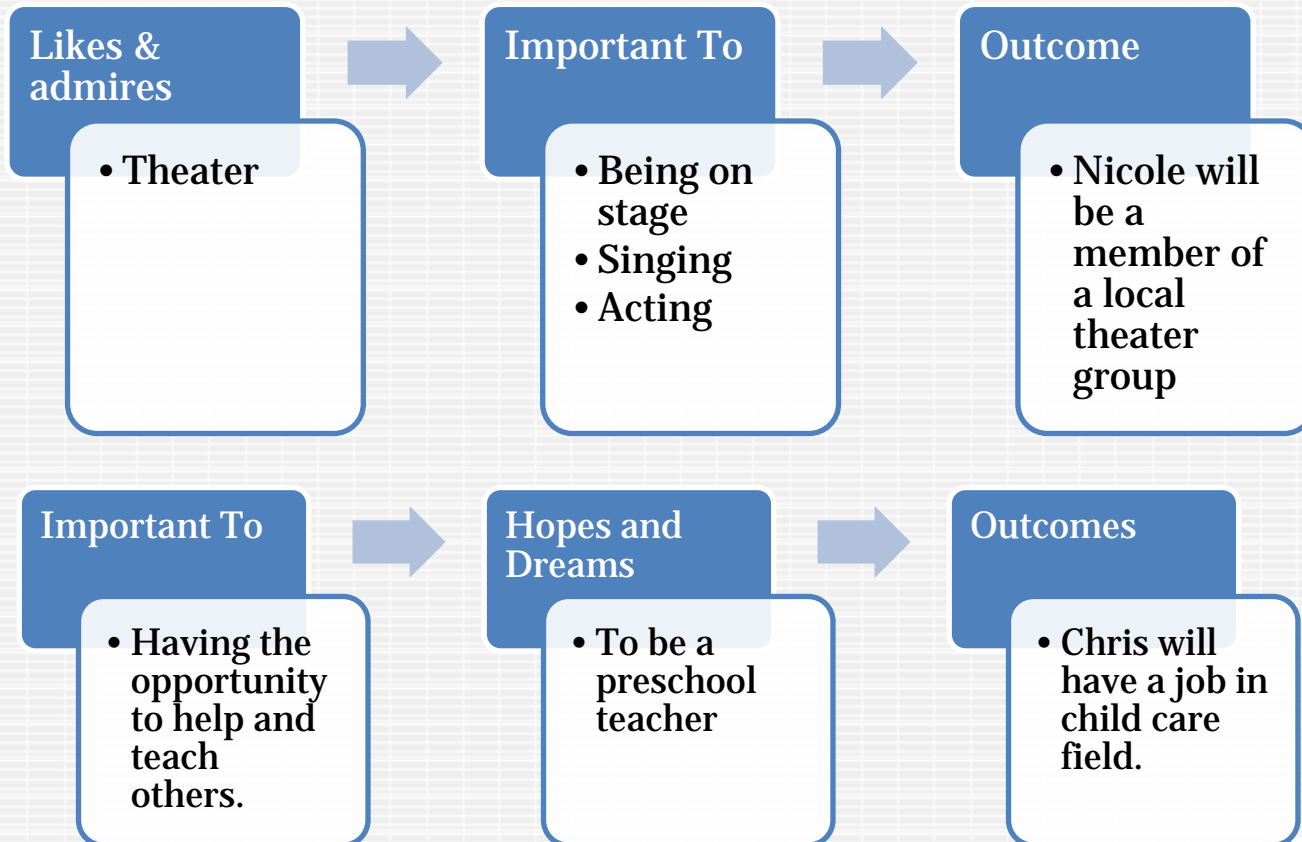
Person Center Planning Tool

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Pathways to Employment

PCPT to ISP Outcomes

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Resources

Boggs Center Trainings

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People with Developmental Disabilities and Families

The Family and Support Coordination Partnership: Making Choices, Becoming Empowered, and Supporting the Life Your Family Member Wants

As the service delivery system changes, all people with developmental disabilities receiving services through DDD will be able to choose a support coordination agency along with the services they receive. This training will provide families with the information they need about support coordination. Participants will also learn how to help their family members select a support coordination agency that will best meet their needs, work in partnership with the support coordinator throughout the person centered planning process, and identify service providers to help their family member achieve the life he or she wants.

Date	Duration	Time	Location
January 13, 2017	1/2 day	10:00 AM - 1:00 PM	Twin Rivers Library, East Windsor
February 17, 2017	1/2 day	10:00 AM - 1:00 PM	Mercer Library, Lawrenceville
February 24, 2017	1/2 day	10:00 AM - 1:00 PM	Woodbridge Library, Woodbridge
March 10, 2017	1/2 day	10:00 AM - 1:00 PM	Camden Library, Atco
March 17, 2017	1/2 day	10:00 AM - 1:00 PM	Hunterdon North County, Clinton

Working in Partnership: Self-Advocates and Support Coordinators

As a person with a disability, you are able to choose the services you use and share how you want to be supported. Support Coordinators help you share information about yourself, your hopes and dreams, and the support you need through a person-centered planning process. They also help you select the service providers that will support you to be involved in your community and reach your goals. It's important for you to learn more about what to look for and what to expect when working with a Support Coordinator and selecting services. This training will help you understand the Support Coordination process; know what to look for in a Support Coordination Agency; and learn tips and strategies for working with Support Coordinators.

Note: This training is open to people with disabilities and direct support professionals and/or family members accompanying them to provide support.

Date	Duration	Time	Location
January 13, 2017	1/2 day	9:30 AM - 12:30 PM	Trenton Library, Trenton
March 4, 2017	1/2 day	9:30 AM - 12:30 PM	Union Library, Union



Division of
Developmental
Disabilities

http://rwjms.rutgers.edu/boggscenter/training/dd_families.html



Find out More

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www.nj.gov/humanservices/ddd

Visit for:

- News and Announcements
- Webinars
- NJ CAT
- And more

A screenshot of the Division of Developmental Disabilities website homepage. The page features a navigation menu on the left with links to 'DHS Home', 'Division of Developmental Disabilities Home', 'About DDD', 'Developmental Centers', 'Services and Supports', 'Major Programs and Initiatives', 'Important Resources', 'News, Publications and Reports', 'Information for Providers & Stakeholders: Contracts, Legal Notices', 'Division Staff & Contact Information', 'Public Advisory Boards, Commissions & Councils', and 'Important Alerts'. The main content area is titled 'Division of Developmental Disabilities Home' and includes a section for 'Services for Adults with Intellectual and Developmental Disabilities'. This section provides information about public funding for services and supports for New Jersey adults with intellectual and developmental disabilities age 21 and older. It also mentions the 'Planning for Adult Life' initiative for New Jersey youth with intellectual and developmental disabilities age 16-21. A 'I want to:' section lists links for 'Apply for DDD Services', 'Become a Provider of DDD Services', 'Get the latest DDD News and Announcements', 'Attend upcoming DDD Webinars or listen to archived DDD Webinars', and 'Subscribe to Division Update, DDD's e-News Bulletin for Stakeholders and Interested Members of the Community'. A 'Contact Us' section provides a toll-free number (800.832.9173) and a link to send an email message to the division. The footer includes the New Jersey Department of Human Services' Division of Developmental Disabilities logo and the New Jersey Lottery logo.

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STATE OF NEW JERSEY
DEPARTMENT OF HUMAN SERVICES
DIVISION OF DEVELOPMENTAL DISABILITIES

DHS Home > Division of Developmental Disabilities Home

Division of Developmental Disabilities Home

Services for Adults with Intellectual and Developmental Disabilities

The Division of Developmental Disabilities provides public funding for [services and supports](#) that assist New Jersey adults with intellectual and developmental disabilities **age 21 and older** to live as independently as possible. Services and supports are available in the community from independent providers, and in five state-run [developmental centers](#).

[Planning for Adult Life](#) is a Division-funded initiative for New Jersey youth with intellectual and developmental disabilities age 16-21 and their families, to assist them in preparing for the transition to adulthood.

I want to:

- [Apply for DDD Services](#)
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- [Get the latest DDD News and Announcements](#)
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Contact Us

Call toll free: **800.832.9173**

[Send an email message to the Division of Developmental Disabilities](#)

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[I Choose Home NJ](#)

NJHelps.org
 NJ 211 Partnership
 New Jersey HOUSING Resource Center www.njhousing.gov
 New Jersey Mental Health Cares
 New Jersey FAMILY CARE
 New Jersey Lottery Give Your Dreams A Chance

Thank You

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QUESTIONS?