



Webinar Wednesday Series

**Today's Topic: Parent's
Perspective on Planning**

*Parent's Perspective on
Planning
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What is Person Centered Planning?

"Person Centered Planning discovers and acts on what is important to a person. It is a process for continual listening and learning, focusing on what is important to someone now and in the future, and acting on this in alliance with their family and their friends"

Thompson J. Kilbane J. Sanderson H. (2008) Person Centered Practice for Professionals. Open University Press.

The Principals of Self Direction

There are 5 main principals on which Self-Directed Services are based:

Confirmation
Contribution
Freedom
Choice
Control

The Principals of Self Direction

- **Confirmation:** **NOTHING ABOUT ME WITHOUT ME**

This statement speaks to the main concept of Self Direction. Nothing is done, said, or decided without the person about whom the decisions and plans are being made.

Contribution: Every human being wants to be recognized as a valuable member of society. All people have the right to contribute to their neighborhood and community in whatever way they can. This includes being an active participant in your neighborhood.

The Principals of Self Direction

- **Freedom:** You have the freedom to decide what you want to do within the scope of services available to you. The choice and decision-making power belong to you. You will choose and receive supports that ensure your health and safety, supports that help you live the way you want today, and work toward your future goals.

Choice: There are a wide variety of supports available for you to choose from. And, if something you want is not available, you can ask that it be made available for you.

Control: As an individual (or family member), you can start and/or stop supports as you choose. It is completely within your control to decide who, what, where, and when things happen in your life.

Important TO and Important FOR

Self Direction is all about making sure there is an equal balance and importance placed on what is important TO you AND important FOR you.



Entitlement vs. Eligibility

- The biggest difference between adult and school services is that individuals must now prove they are ELIGIBLE for a service. You are no longer ENTITLED to anything.
- This is a completely different way of thinking about supports, yet is essential to understanding how to manage supports.

When does “Transition to Adult Life” start for an Individual with a Disability?

- A. At age 21 when he or she ages-out of the education system
- B. At the time when he or she graduates or leaves high school
- C. At age 16 based on the Individuals with Disabilities Education Act (IDEA)
- D. At age 14 based on NJ Administrative Code

When CAN transition begin?

- When the individual becomes involved in his or her own community
- When the individual starts making choices and expressing interest in what they like to do



Transition Timeline



We are more alike than we are different...



What opportunities do we want for ALL young adults?

Postsecondary Education and Training

Employment

Community Participation

Independent Living

What do young adults with significant disabilities
need to take advantage of these opportunities?



What resources are out there for support on this journey?



The MAJOR PLAYERS:

Social Security (SSA)

Medicaid

NJ Division of Vocational Rehabilitation Services (DVRS)

NJ Division of Developmental Disabilities (DDD)

NJ Division of Disability Services (DDS)

Other Important RESOURCES:

Support Coordination Agencies
Centers for Independent Living (CILs)
Special Child Health Services (SCHS)
Children's System of Care (CSOC)
Para-transit Systems (Access Link)
Disability Specific Organizations

Community RESOURCES:

Community Organizations
Civic Organizations
Religious Organizations
Adult and Community Education Programs
Recreation Centers

Informal and Natural RESOURCES:

Family

Friends

Neighbors



Transition Timeline



Helpful Links When Planning for Your Young Adult

Regarding Person-Centered Planning:

<http://www.learningcommunity.us>

<http://www.pacer.org/transition/learning-center/independent-community-living/person-centered.asp>

Regarding Transition and Adult Services:

<http://www.fscnj.org/transition-matters/>

<http://planningforadulthoodlife.org>

<http://nj.gov/humanservices/ddd/programs/supportsprgm.html>

<http://jobs4jersey.com/jobs4jersey/jobseekers/disable/>

<http://www.state.nj.us/humanservices/dds/home/cntrindlivindex.html>

Regarding Post-Secondary Education:

<https://fafsa.ed.gov>

<https://www.collegeboard.org>

www.thinkcollege.net

<http://navigatingcollege.org>

Continued...

Job Corps and AmeriCorps:

<http://www.jobcorps.gov/home.aspx>

<http://www.nationalservice.gov/programs/ameriCorps/ameriCorps-vista>

Regarding Transportation:

http://www.njtransit.com/tm/tm_servlet.srv?hdnPageAction=AccessLinkTo

Regarding Career Exploration:

<https://www.onetonline.org>

<http://www.njnextstop.org>

Regarding Self-Advocacy:

<http://www.ncwd-youth.info/411-on-disability-disclosure>

Regarding Social Security and SSI:

http://www.ssa.gov/disability/disability_starter_kits_child_eng.htm

Regarding Guardianship:

<http://www.ganji.org>

<http://www.state.nj.us/humanservices/ddd/services/guardianship/>

Contact Information

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