# The Compass

Helping You Navigate Your Roadmap to Adulthood

## October 2014

Planning for Adult Life activities, events, and materials are conducted and developed in partnership with The Arc of New Jersey with funding from the New Jersey Division of Developmental Disabilities.

**Happy October!** In addition to the official beginning of fall, students are now in the full swing of the school year. Here are some of the upcoming events and initiatives we are undertaking this month!

## October is National Disability Employment Awareness Month

"Expect. Employ. Empower." Planning for Adult Life is proud to support National Disability Employment Awareness Month (NDEAM). Held each October, NDEAM aims to educate about

disability employment issues and celebrate the many and varied contributions of America's workers with disabilities. We plan to educate our community on disability employment issues and the role they play in fostering a disabilityfriendly work culture. Learn more at www.dol.gov/odep/.



## **October is Bullying Prevention Month**



Whether or not your child has encountered bullying, it is still an important topic to discuss with your students. Find out about some important tips and topics on bullying prevention at <u>stopbullying.gov</u>. You can also find out about bullying awareness events and tips at Pacer's National Bullying Prevention

## In This Issue

National Disability Employment Awareness Month Bullying Prevention Month Transition Planning 101 Video: Creating a Transition IEP... This Week Webinar Wednesday Student Planning Activity

## What's Happening?: Upcoming PFAL Events

#### October 2014

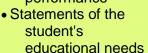
8 - Middlesex Prep Club
9 - Somerset Prep Club & Union
Prep Club
11 - Essex Prep Club & Hudson
Prep Club
13 - Passaic Prep Club
14 - Cape May Prep Club
44 - Cape May Prep Club
45 - Monmouth Prep Club
45 - Salem Prep Club &
45 - Salem Prep Club
45 - Burlington Prep Club &

#### Center here.

## Transition Planning 101: What Is An Individualized Education Plan (IEP)?

What is an IEP? For parents with students without a documented disability, this may be a new term, but is critical if you feel your child may require specific services to succeed in school. Under the IDEA 2004, students requiring special services is entitled to a meeting to determine an Individualized Education Plan. This plan describes current instructional needs and how they are performing. An IEP includes:

- The student's
  - present levels of academic achieve ment and functional performance





Measurable annual

goals, including academic and functional goals designed to enable the student to be involved in and make progress in the same curriculum as typical peers

- Short-term objectives that specify the steps necessary to achieve each goal
- Special education, related services, supplementary aids and services necessary for the student to meet goals and objectives
- The program modifications or supports that will be provided to the student to meet goals and objectives
- Least Restrictive Environment (LRE) statement that explains the extent to which the student will not participate in the regular class and activities
- Documentation of services to be provided, including when they will begin, how long they will last, how often they will occur, where they will occur
- Starting at age 14, the plan must address the

#### Cumberland Prep Club

For more information, including our times, locations, and details, please visit our calendar on our site by clicking here.

## Webinar Wednesday

Join us for a FREE webinar on Wednesday, October 15th from 6pm-7pm EDT, "Community Based Vocational Assessments and Why They Are Important to the IEP". <u>Click</u> here to view more and register!

## Student Planning Activity

Here's an idea for an expressive activity for students planning their future careers. Create a vision board. It can become as simple or as complex as desired. Use either a piece of poster board or cork board and tape or pin up photos, magazine pictures, brochures, motivational quotes, keepsakes, articles, etc. Check out some more ideas for this project on pinterest.

## Join Our Mailing List

Like us on Facebook 🚹

Follow us on twitter

## Contact Us

Jerisa Maseko, Director

<ul> <li>student's needs for transition from secondary services and services to meet those needs including courses of study</li> <li>When a student reaches the age of 18, there is additional documentation regarding various legal rights</li> </ul>	helpdesk@planningforadultlife.org 732-246-2525 x23
Video: Jargon Busters: Don't Get Lost in Translation	

Copyright © 2014. All Rights Reserved.