

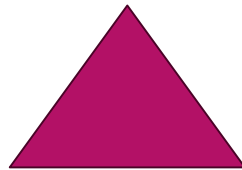

Navigating Support Coordination

CREATING YOUR TEAM



Role of the support coordinator/The Trinity

- ▶ Individual/Family
- ▶ Service Provider
- ▶ Support Coordinator



Choosing a support coordination agency

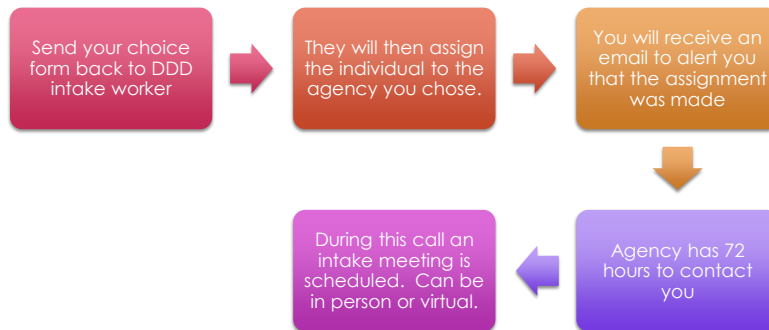
Many factors to consider including:

- County you reside in
- Self approval
- Language needs
- References/word of mouth
- Interviewing agency
- Responsiveness
- Availability to take new individuals in your county

Resources to consult

- ▶ <https://boggcenter.rwjms.rutgers.edu/documents/BOGGS/Publications/SupportCoordination/SelectingSCAgency-ENG.pdf>
- ▶ Facebook groups
- ▶ Child Study Team members
- ▶ <https://www.nj.gov/humanservices/ddd/assets/documents/individuals/support-coordination-agencies-list.pdf>

Assignment process



Preparing for initial meeting

- ▶ <https://njcdd.org/wp-content/uploads/Quick-Guide-for-Families-English.pdf>
- ▶ List of doctors-names, address, phone number and specialty
- ▶ List of medications-names, dosages, times of day and what it is prescribed for
- ▶ Guardianship paperwork
- ▶ Insurance cards
- ▶ Pre discussion of hopes and dreams/services needed
- ▶ Supervision needs

Initial Plan

- ▶ Demographics
- ▶ Review of NJCAT
- ▶ Person Centered Planning Tool
- ▶ Initial onboarding paperwork
- ▶ Discussion of how process/services work
- ▶ Review of services available

Services to choose from under Supports Program

CommunityBased Support Staff/Self Directed Staff	Transportation	Day Program	Pre-Voc	Supported Employment
Community Inclusion	Respite-Group, Individual, Overnight and Camp Day/Overnight	Speech, occupational or physical therapy	Goods and Services	Assistive Technology/Environmental/Vehicle

What happens next?



Initial plan is written by SC along with person centered planning tool (PCPT)



Draft for your review-no plans or changes can occur without signature of individual/guardian



Begin to explore and add services through plan revisions



Connect individual with service providers

What should I expect from my support coordinator/ongoing role

- ▶ At least monthly phone contact
- ▶ Quarterly visits at least once annually at home
- ▶ Offer new opportunities
- ▶ Monitor budget
- ▶ Troubleshoot Medicaid/Social Security/connect with resources
- ▶ Assist with forecasting future needs ie living arrangements, staffing, supports
- ▶ Part of the team/advocate for individual

Support Coordinator's role in Medicaid/DDD compliance

Lynch pin to services needed meeting Medicaid/DDD compliance

Supports Manual and the rules set forth must be complied with and the SC must ensure this

SC must ensure the budget is not over obligated

SC must ensure no Medicaid fraud is committed

SC must report any unusual incidents to DDD

Your role in the team

The whole system is built on a person centered/self-directed model

SC can suggest but individual and family must drive the choice

Individual and family should bring ideas to the SC

Individual and family should tour options and make informed decisions

Communicate openly with SC and/or reach out to SCS if unhappy to see about switching

You can choose your team-be an informed shopper