

# The Compass

Helping You Navigate Your Roadmap to Adulthood



Planning for Adult Life activities, events, and materials are conducted and developed in partnership with The Arc of New Jersey with funding from the New Jersey Division of Developmental Disabilities.

Welcome to the Planning for Adult Life monthly newsletter, **The Compass!**  
This newsletter will highlight upcoming monthly events, updates on supports and services, and opportunities to gather information available through our program.



## *Celebrate March* *Developmental Disabilities* *Awareness Month*

#ddawareness

### **Transition Planning 101: This is the time to discuss Extended School Year (ESY)**

Did you know that your student may be eligible for a program of special education and/or services beyond the normal school year? If your child receives special education



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services under the Individuals with Disabilities Education Act (IDEA). Such services are commonly referred to as extended school year (ESY) services. ESY can be an extension of your student's normal day.

The best time to discuss the ESY program is at your child's annual IEP review.

Greatschools.org lists 3 Action Tips for Parents:

1. Obtain a copy of any ESY determination guidelines.
2. Don't wait until late in the normal school year to discuss your child's potential need for ESY services during summer break.
3. List all factors you think should be taken into consideration.

[To read more on ESY at Greatschools.org](http://www.greatschools.org)



**Planning For Adult Life**  
**FREE PARENT FORUM AND**  
**OPPORTUNITY EXPO**  
STUDENTS IN SPECIAL EDUCATION 14-21 AND THEIR FAMILIES

**REGISTER TODAY!**

Come and learn about how to plan for life beyond high school- whether it's finding work, continuing your education, getting your own place or even starting a business. Find out what services are available to help you build your roadmap to adult life.

## Parent Forum and Opportunity Expos 2016

**March 12, 2016**

**Burlington ETC**

**Workshops Sessions Include:**

- Parent's Perspective on Planning
- Yes, Your Child Can Work



## Webinar Wednesday Series

Join us for a  
**FREE** webinar on Wednesday,  
March 16th at 6:00pm  
**"Accessing Natural Supports  
and Services"**

[Click here to register.](#)

## Student Planning Activity



### Follow A Recipe

Cooking can be a fun activity that you can work to improve your sensory, math, science, and social skills. You can build reading and communication skills as well. There are many easy-to-find resources online for cooking.

[Click here and try it today!](#)

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- College Options For Students with I/DD
- Applying For Medicaid and SSI
- Accessing Services and Supports in Your Community

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## Things To Consider: Summer Camp! Applications For Financial Support Are Available.

The Children's System of Care provides eligible children and young adults financial support toward summer camp tuition. Financial support is based on available resources in a given fiscal year. The amount of financial support available per individual is capped and may vary year-to-year and by how many families apply.



**Camp is a great way to make social connections!**

Completed applications for both Financial Support toward Summer Camp Tuition and One-to-One Aide Services for Summer Camp must be postmarked or received by PerformCare no later than **April 30, 2016**. Your application must be complete for it to be considered.

[To Learn More...](#)

IN CASE YOU  
MISSED IT

## Check Out Our Archived Videos: Understanding Support Coordination

[Click here to view the video!](#)

### Contact Us

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Planning For Adult Life serves students, 16-21 years-old, with developmental disabilities and their families.

**[PlanningForAdultLife.org](http://PlanningForAdultLife.org)**

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