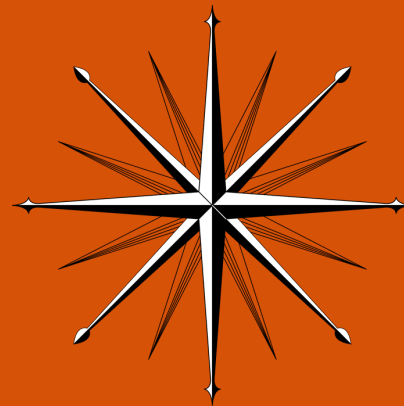


# The Compass

Helping You Navigate Your Roadmap to Adulthood



Planning for Adult Life activities, events, and materials are conducted and developed in partnership with The Arc of New Jersey with funding from the New Jersey Division of Developmental Disabilities.

Welcome to the Planning for Adult Life monthly newsletter, **The Compass!** This newsletter will highlight upcoming monthly events, updates on supports and services, and opportunities to gather information available through our program.

## Transition Planning 101: Division of Developmental Disabilities releases timeline for 2017 Graduates Aging Out of the School System

The Division has released its 2017 Graduates Aging Out of the School System Timeline. This invaluable resource outlines the steps necessary to assist individuals with intellectual and developmental disabilities who are transitioning from school to adult life and wish to pursue Division-funded services. **Click the picture to download your copy.**



### In This Issue

[Transition Planning 101 Important Announcement Things to Consider](#)  
[Archived Video: Working Toward Employment](#)  
[Webinar Wednesday Series Student Planning Activity](#)



## Webinar Wednesday Series

November 16, 2016  
6-7pm

Walking Through the Timeline for 2017 Graduates Aging Out of the School System

To Register, Click [HERE](#)

## Have you reserved your spot for the FREE Parent Forums and Opportunity Expos?

**Parent Forums** include workshops (45-60 minutes) on specific topics including information on support coordination, the continuum of community services, financial planning, eligibility requirements, and where to find help. The **Opportunity Expo** features a variety of exhibitors including: state and county government entities, community service providers, service coordinators, local health care support and recreation providers, additional information and referral

services. By attending a **FREE Expo**, families will be introduced to supports and services in their area. You don't want to miss it!

For a list of dates, Click [HERE](#)

Want reserve a **FREE VENDOR table** for your agency or program at these events? Click [HERE](#)



## Things To Consider: What is the NJ Comprehensive Assessment Tool? (NJCAT)

The **NJ CAT** is the mandatory assessment used by the Division of Developmental Disabilities as part of the process of determining an individual's eligibility to receive Division-funded services.

The **NJ CAT** assesses an individual's support needs in three main areas:

- Self-care,
- Behavioral,
- and Medical.

The **NJ CAT** is completed by the individual and/or by a family member or other responsible person. It should be completed by someone who spends a significant amount of time with the individual and is a primary person responsible for assisting with the individual's daily support needs.

The Division developed a short webinar, [Completing the NJ CAT](#), which provides a general overview of what to expect from and how to prepare for the NJ CAT. For a sample of the NJ CAT, click [HERE](#)

## Archived Webinars



## Student Planning Activity

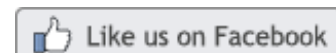


What about leading your own IEP Meeting?

Here is a video of students speaking about their experiences of leading their IEP and how they developed their self-advocacy skills throughout high school. Click [HERE](#)

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## Contact Us

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**Missed a Webinar? Check Out  
Our Archived Videos:  
What are Pre-Employment  
Transition Services and how your  
student can explore the world of  
work**

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**[Click here to view the video!](#)**

Planning For Adult Life serves students, 16-21 years-old, with developmental disabilities and their families.  
**[PlanningForAdultLife.org](http://PlanningForAdultLife.org)**