

The New Jersey Department of Human Services  
**Division of Developmental Disabilities**

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**Person-Centered Planning Tool  
as a Roadmap to Services**

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# 16-21 Years Old

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- **Transition Planning**
  - Get to know current skills & preferences
  - Identify adulthood goals & dreams
  - Build skills needed to achieve goals
  - Make connections, identify supports, use resources
- **Research Support Coordination Agencies & Service Providers**
- Participate in Planning for Adult Life student groups, parent groups, training sessions, webinars, provider fairs, etc.

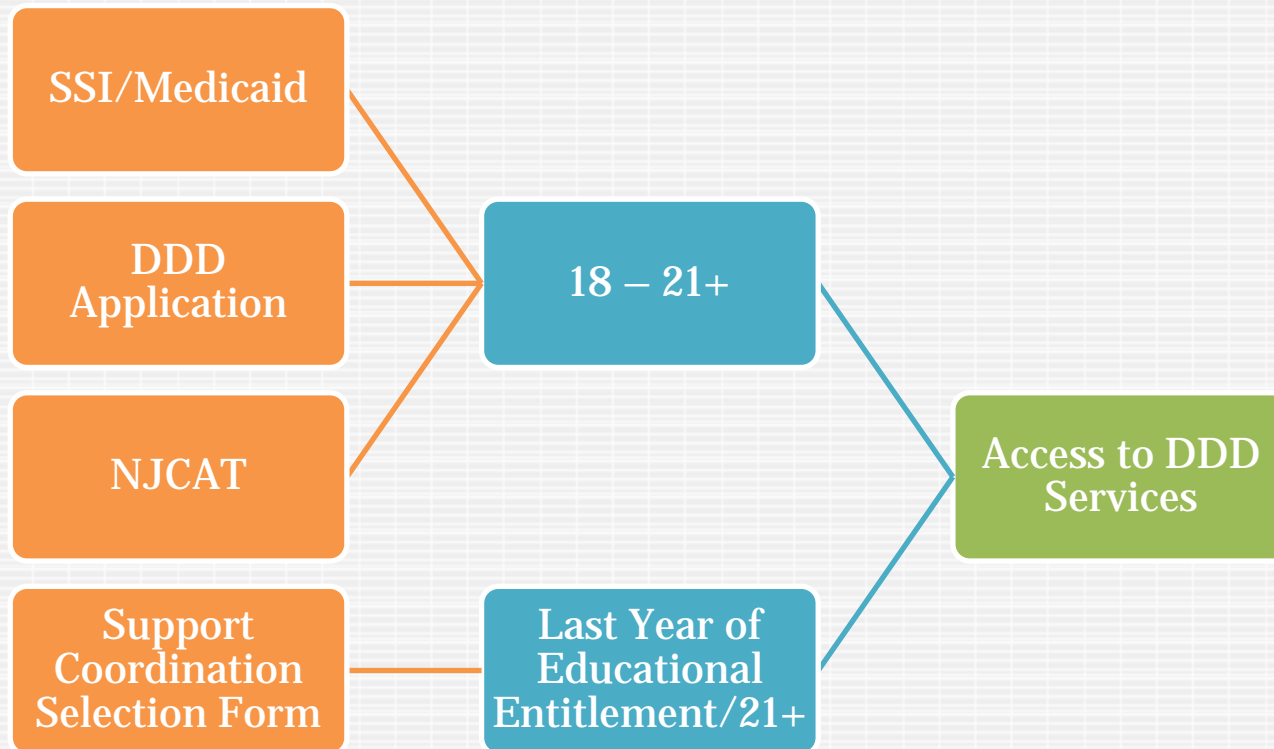


[www.planningforadulthoodlife.org](http://www.planningforadulthoodlife.org)



# Accessing DDD Services

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# Support Coordination

## Entering DDD Service System

# What is Support Coordination?

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- **Services that assist participants in gaining access to needed program and State plan services, as well as needed medical, social, educational and other services**
  
- **Case Management**

# Support Coordination

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- How Does Support Coordination Work?
  - The individual chooses or is assigned by DDD to a **Support Coordination Agency**
  - The Support Coordination Agency assigns a **Support Coordinator** to work with the individual
  - Together with the individual, the Support Coordinator identifies people to be part of the **Service Planning Team** (family members, providers, etc.)
  - Service Planning Team meets, service planning begins



# Steps in the Service Planning Process

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Individual or  
Family Primary Caregiver

Support Coordinator, with Individual

Individual!

## Assessment

- NJ CAT - measures self-care, behavior, medical needs
- Establishes Tier, which corresponds to an Individualized Budget

## Discovery

- Person-Centered Planning Tool (PCPT)
- Identify hopes, dreams, goals
- Gather support information to develop ISP

## Planning

- Individualized Service Plan (ISP)
- Identify outcomes
- Identify services
- Identify providers
- Budgeting for services

## Living

- Home
- Job
- Health
- Recreation
- Friends and family

# Person Centered Planning Process



# What does the Person Center Planning Tool Cover?

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- Identifies strengths, likes/dislikes, and needs & how they fit into individual's vision for a life course
  - Like and Admire
  - Circle of Support
  - Important to the Individual
  - Hopes and Dreams
  - Support Needs, Characteristics of People Who Support the Individual Best
  - Communication
  - Pathway to Employment
  - Voting
  - Mental Health Pre-screening

# What does the Person Center Planning tool Cover ?

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## **Important To**

Gathers information related to things that create life experiences that are meaningful to the person:

- Relationships
- Choices, decisions, rights, respect
- Activities and places to go
- Routines and pace of life
- Recognition of the strengths
- Community Integration

## **Important For**

Addresses the supports that are necessary for the person based on:

- Health
- Safety

# Person Center Planning Tool

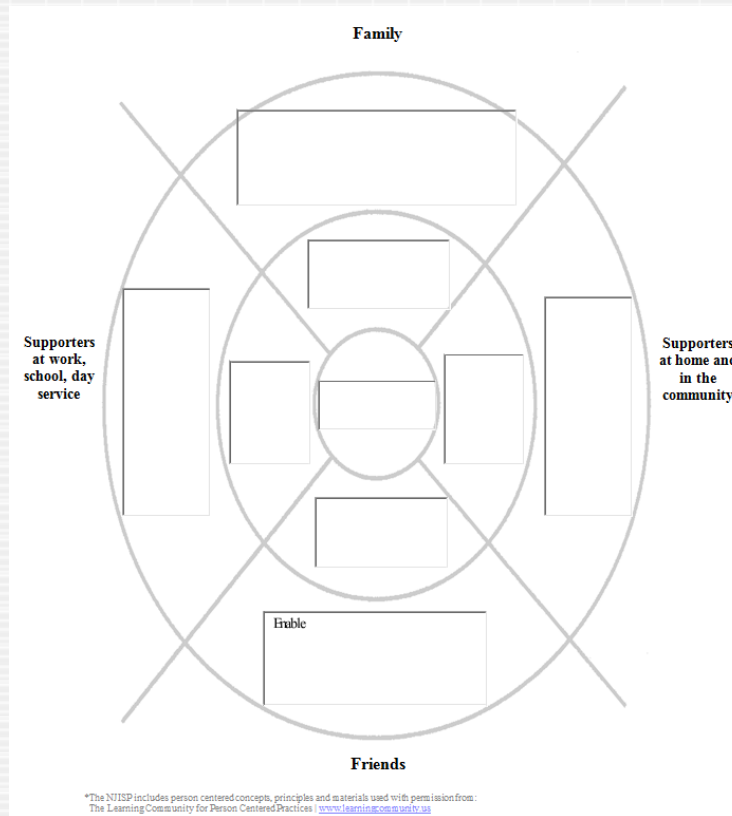
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**What do you and others like or admire about you?**

# Person Center Planning Tool

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## Circle of Supporters



# Person Center Planning Tool

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**What is important to you?**

# Person Center Planning Tool

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**What are your long-term hopes and dreams?**

# Person Center Planning Tool

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**What do others need to do to support you?**

# Person Center Planning Tool

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**What are the characteristics of the people who support you best?**



# Person Center Planning Tool

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**What do caregivers/providers need to know  
about how you communicate?**

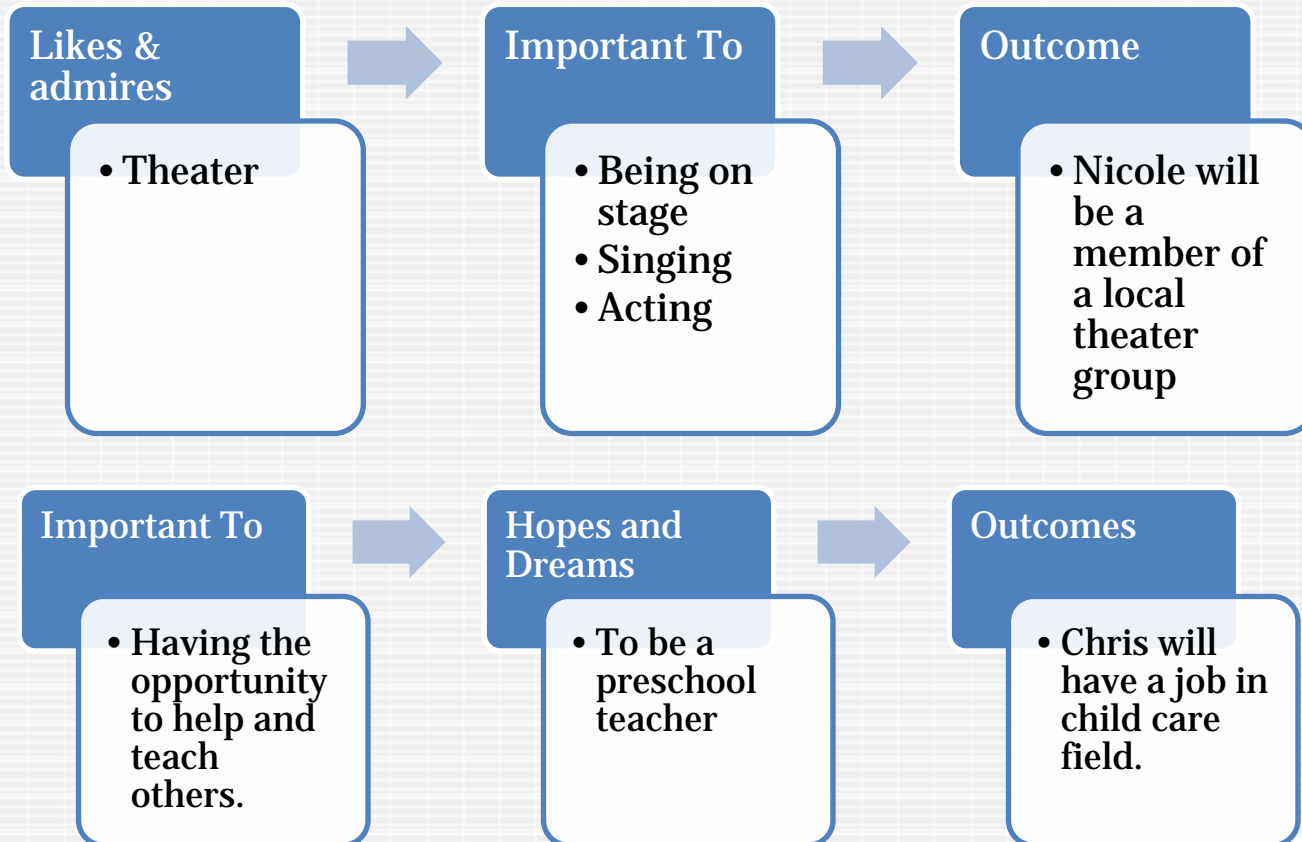
# Person Center Planning Tool

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## Pathways to Employment

# PCPT to ISP Outcomes

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# Resources

# Boggs Center Trainings

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## People with Developmental Disabilities and Families

### **The Family and Support Coordination Partnership: Making Choices, Becoming Empowered, and Supporting the Life Your Family Member Wants**

As the service delivery system changes, all people with developmental disabilities receiving services through DDD will be able to choose a support coordination agency along with the services they receive. This training will provide families with the information they need about support coordination. Participants will also learn how to help their family members select a support coordination agency that will best meet their needs, work in partnership with the support coordinator throughout the person centered planning process, and identify service providers to help their family member achieve the life he or she wants.

Date	Duration	Time	Location
January 13, 2017	1/2 day	10:00 AM - 1:00 PM	Twin Rivers Library, East Windsor
February 17, 2017	1/2 day	10:00 AM - 1:00 PM	Mercer Library, Lawrenceville
February 24, 2017	1/2 day	10:00 AM - 1:00 PM	Woodbridge Library, Woodbridge
March 10, 2017	1/2 day	10:00 AM - 1:00 PM	Camden Library, Atco
March 17, 2017	1/2 day	10:00 AM - 1:00 PM	Hunterdon North County, Clinton

### **Working in Partnership: Self-Advocates and Support Coordinators**

As a person with a disability, you are able to choose the services you use and share how you want to be supported. Support Coordinators help you share information about yourself, your hopes and dreams, and the support you need through a person-centered planning process. They also help you select the service providers that will support you to be involved in your community and reach your goals. It's important for you to learn more about what to look for and what to expect when working with a Support Coordinator and selecting services. This training will help you understand the Support Coordination process; know what to look for in a Support Coordination Agency; and learn tips and strategies for working with Support Coordinators.

**Note:** This training is open to people with disabilities and direct support professionals and/or family members accompanying them to provide support.

Date	Duration	Time	Location
January 13, 2017	1/2 day	9:30 AM - 12:30 PM	Trenton Library, Trenton
March 4, 2017	1/2 day	9:30 AM - 12:30 PM	Union Library, Union



Division of  
Developmental  
Disabilities

[http://rwjms.rutgers.edu/boggscenter/training/dd\\_families.html](http://rwjms.rutgers.edu/boggscenter/training/dd_families.html)



# Find out More

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[www.nj.gov/humanservices/ddd](http://www.nj.gov/humanservices/ddd)

Visit for:

- News and Announcements
- Webinars
- NJ CAT
- And more



A screenshot of the Division of Developmental Disabilities website homepage. The page features a navigation menu on the left, a main content area with a 'Services for Adults with Intellectual and Developmental Disabilities' section, and a sidebar with a 'News &amp; Announcements' list. The website header includes the state logo and navigation links for Governor Chris Christie and Lt. Governor Kim Guadagno. The footer contains contact information and logos for partner organizations like NJHelps.org, NJ 211 Partnership, New Jersey Housing Resource Center, Mental HealthCares, and FAMILYCARE.



# Thank You

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## QUESTIONS?

